



EXCEL

PHYSICAL THERAPY

JACKSON HOLE, WYOMING

Massage Therapy

Sometimes progress needs a push

60 Minute Therapeutic Massage: \$65

90 Minute Therapeutic Massage: \$95

*Pricing limited to current or former Excel patients only

Just Some Benefits of Massage

- Relaxes the body
- Calms the nervous system
- Lowers blood pressure
- Reduces heart rate
- Slows respiration
- Reduces chronic pain
- Stretches connective tissue
- Improves red & white blood cell count
- Relieves tired aching muscles
- Improves muscle tone
- Speeds recovery from injury
- Reduces swelling

Contact Laura at

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